

**BRIEF****Student Description of Patient Care Activities Aligned to the Pharmacists' Patient Care Process in IPPE**

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**ABSTRACT**

**Objective.** To determine the ability of early students to describe patient care activities performed by pharmacists within ambulatory and institutional medication distribution systems and accurately align those activities to the five core steps of the Pharmacists' Patient Care Process (PPCP).

**Methods.** Student learning outcomes relating to the PPCP were assessed following introductory experiential opportunities at ambulatory and institutional pharmacies. Student ability to describe and align patient care activities to the PPCP steps were compared via scored assignments for ambulatory versus institutional pharmacies. Differences in performance among the five core steps (Collect, Assess, Plan, Implement, and Follow-up) of the PPCP were also examined.

**Results.** Students were more adept in describing patient care activities and aligning them to the appropriate PPCP steps in an ambulatory pharmacy than in an institutional pharmacy. Students achieved higher scores

when describing and aligning patient care activities associated with Collect and Implement in an ambulatory pharmacy and achieved higher scores for Assess in an institutional pharmacy.

**Conclusion.** As institutions strive to adopt the PPCP in all areas of the curriculum, this application serves as an example of successful PPCP integration early in the introductory experiential curriculum. Our results challenge faculty to provide early opportunities for students to apply the PPCP in a variety of practice settings, including settings focused on the medication distribution system.

**Keywords:** Pharmacists' Patient Care Process, Introductory Pharmacy Practice Experience, Experiential Education

## INTRODUCTION

The Pharmacists' Patient Care Process (PPCP) was developed by the Joint Commission of Pharmacy Practitioners to promote a consistent approach to delivery of patient-centered care across the profession of pharmacy.<sup>1</sup> Use of the PPCP is intended to be universally applicable to pharmacists' provision of patient care in any practice setting. Recognizing the importance and potential positive impact a standard process could have on the profession, the Accreditation Council for Pharmacy Education (ACPE) incorporated the PPCP into Standards 2016, requiring pharmacy curricula to prepare students to provide care according to the PPCP.<sup>2</sup> The American Association of Colleges of Pharmacy (AACP) additionally underscored the value of widespread dissemination of the PPCP by charging three workgroups with designing strategies to accelerate the adoption of the PPCP in pharmacy curricula.<sup>3</sup> The workgroups developed guidance for schools, emphasizing the value of integrating the PPCP in classroom, simulated, and experiential learning activities and across the assessment continuum.<sup>3</sup>

Since the PPCP is a relatively new process, schools and colleges of pharmacy are beginning to report their experiences of integrating the PPCP into curricula. Early reports describe PPCP integration primarily in pharmacotherapy courses with pedagogy consisting of lecture presentations, assigned readings, incorporation into patient cases, and homework assignments.<sup>4-6</sup> Assessment of PPCP learning outcomes in these applications consists of patient care notes and exam questions mapped to the PPCP. Several schools

have also provided early descriptions via AACP posters, newsletters, and commentaries of the incorporation of the PPCP in simulated patient care lab<sup>7,8</sup> and introductory and advanced experiential education.<sup>9-11</sup> One manuscript published in the *Journal* describes student performance using the PPCP in a capstone course taught immediately prior to Advanced Pharmacy Practice Experiences,<sup>12</sup> however, to our knowledge, there are currently no published data on student learning outcomes subsequent to implementing PPCP assignments in Introductory Pharmacy Practice Experiences (IPPE).

Contemporaneous to the development and publication of the PPCP, the University of Kentucky College of Pharmacy (UKCOP) implemented a new Doctor of Pharmacy curriculum. One of the central tenets when designing the new curriculum was to intentionally integrate the PPCP throughout the curriculum from Professional Year 1 (PY1) to Professional Year 4 (PY4) in classroom, simulated, and experiential coursework. The PPCP is first introduced via didactic lecture and flipped classroom activities in two first-semester PY1 courses: Transitions in Pharmacy and Clinical Reasoning. Students then have multiple opportunities to practice the skills of the PPCP in the new patient care laboratory/experiential course sequence, entitled Patient-centered Care Experience (PaCE), which exposes students to ambulatory practice, institutional practice, and patient assessment skills. In this six-semester course sequence, student pharmacists progress from employing the PPCP in patients having a single medication therapy problem during PY1, to patients with multiple acute and chronic medical conditions and more complex medication regimens by end of PY3. PaCE is also designed to encompass a complementary element of experiential coursework or “Fieldwork” each semester in ambulatory and institutional settings that evolve into longitudinal IPPEs as the curriculum progresses. In Fall PY1 PaCE, students begin applying the PPCP in activities such as taking medication histories, medication counseling, and providing self-care consults during the first four weeks of the semester. Students are also learning about medication distribution processes early in the semester, therefore, Fall PY1 Fieldwork is designed to afford students exposure to the use of the PPCP in medication distribution systems in both ambulatory and institutional settings. The intent of these experiences is to allow early learners to observe how the knowledge and skills they are acquiring in the classroom and simulated coursework are applied and operationalized in real-world

pharmacy practice and to provide context for the content being taught in the didactic portion of the curriculum.

The primary objective of this research was to determine early student pharmacists' ability to describe patient care activities performed by pharmacists within ambulatory and institutional medication distribution systems and accurately align those activities to the five core steps (Collect, Assess, Plan, Implement, and Follow-up) of the PPCP.<sup>1</sup> Additionally, differences were examined in student ability to describe and align the steps of the PPCP in ambulatory versus institutional settings.

## **METHODS**

This research was approved by the University of Kentucky Institutional Review Board. Eligible study participants included 139 PY1 student pharmacists enrolled in the PaCE laboratory/experiential course in Fall 2016, all of whom visited ambulatory and institutional pharmacy practice sites for one hour each to complete a guided educational experience focused on the medication distribution system. Timing of the visits were scheduled to occur concurrently with their ambulatory and institutional modules in the PaCE course. Students visited the ambulatory sites in pairs in the middle of the semester and visited the institutional sites in groups of four to five students during the latter portion of the semester. Student group sizes were established based on requests of the pharmacist preceptors according to capacity in each setting. Each student was assigned to one of four ambulatory care sites affiliated with the academic medical center campus and all students were assigned to a single institutional site, the central pharmacy of an academic medical center. Experiential faculty collaborated with preceptors at the pharmacies to develop a facilitators' guide to standardize the experience for each student team. For the ambulatory sites, pharmacists who regularly worked at the four facilities served as preceptors for the activity for a cumulative total of 70 hours of precepting time. As part of their small group teaching requirement, pharmacy residents guided groups of students through the institutional experience over a four-day period for a total of 32 hours of teaching time divided between two residents.

One of the learning objectives for the fieldwork experience was to describe patient care activities occurring in the medication distribution system and align those activities to the correct steps of the PPCP. One week following their assigned fieldwork, students submitted two complementary assignments, one for ambulatory and one for institutional, specifically designed to assess this learning objective. Students were instructed to describe patient care activities of the pharmacist occurring within the medication distribution system and were then asked to label each patient care activity according to its corresponding PPCP step. The steps of the PPCP were listed at the bottom of the assignment to aid the students in completing this task. As components of the fieldwork activity, students also completed a written reflection and participated in a required live small-group debriefing session at the end of the semester. For the debriefing session, students were divided into 16 groups of eight or nine students each with 50% of the small groups facilitated by faculty members, 25% by residents, and 25% by advanced pharmacy practice experience students. Each facilitator used a standard list of debriefing questions to guide the discussion. In the debriefing session, students discussed each step of the PPCP in the context of the medication distribution system, recalling specific patient care activities they observed occurring at various points and how those aligned to the PPCP.

Using the list of patient care activities enumerated in the PPCP, students' ambulatory and institutional assignments were examined to determine whether students 1) described activities corresponding to each of the five steps and 2) correctly aligned the activity to the appropriate core step. For each step in the PPCP, students earned one point for describing one or multiple patient care activities on the list and they earned an additional point for correctly aligning that patient care activity to the appropriate step of the PPCP. This yielded a possible score of 2 points for each step of the PPCP. Since there are five steps in the PPCP, the maximum assignment score was 10 points for each of the ambulatory and institutional assignments. The scoring method was tested on a random sample of five ambulatory and institutional assignments. In an effort to decrease ambiguity and potential variability between graders, further discussion ensued regarding how to score vague responses or technical tasks that were described as patient care activities. The Entrustable Professional Activities (EPAs)<sup>13</sup> were referenced to delineate patient care activities from related technical tasks in the medication use system. It was determined that written

descriptions needed to provide evidence that the student recognized intentional cognitive actions of the pharmacist. For example, students received one point for describing a Collect patient care activity for reporting “the pharmacist uses resources such as the patient, caregiver, patient profile, or electronic medical record to gather pertinent information.” Students then received one additional point if they correctly aligned this activity to the Collect step. On the other hand, students did not receive credit for a Collect patient care activity if they simply reported tasks such as “refilled a prescription over the phone”, “scanned a prescription into computer”, or generically reported “pharmacists received orders.” If they did not report any suitable Collect patient care activities, then they were ineligible to receive the second point for alignment. Similarly with regard to the Assessment step, students who reported “pharmacist performs final product check, ensuring medication, dose, and frequency are appropriate for the patient’s diagnosis and renal function” received credit for describing an Assessment patient care activity and were eligible to earn one additional point if they correctly aligned this activity to the Assessment step. However, answers such as “pharmacist performs final product check to ensure correct patient, correct directions, and correct medication has been prepared” did not receive credit as identifying an Assessment patient care activity and were ineligible for the alignment point. The iterative development of the scoring process occurred over a series of several meetings with contributors consisting of three experiential faculty members and two advanced pharmacy practice experience students who were on an academic rotation. Once the scoring process was finalized, submissions previously reviewed were re-scored.

Of the 139 students in the course, 122 students consented to permit use of their de-identified data for research purposes. Two advanced pharmacy practice experience students on an academic rotation served as scorers and independently graded a random sample of 30 students’ paired ambulatory and institutional assignments. Grading discrepancies were reconciled and an experiential faculty member served as arbitrator in cases of disagreement. The scoring process took approximately one hour per student. Using this preliminary sample of 30 paired assignments, we performed a power and sample size study using SAS JMP 12. It was determined that a random sample of 58 students would detect a difference of 0.75 points in the total assignment score between ambulatory and institutional assignments. Based on this analysis, a sample

of 61 paired ambulatory and institutional assignments were assessed (50% of eligible students) using the same process described above with two independent scorers and one arbitrator for cases of disagreement.

Statistical analyses were performed using IBM SPSS Statistics v23. A paired samples t-test was used to compare the overall score earned for the ambulatory versus the institutional reflective assignment. The Related-Samples Wilcoxon Signed Rank Test was used to compare the score earned for each step of the PPCP for the ambulatory versus the institutional assignment. A one-way ANOVA was utilized to test for differences between ambulatory care sites. An  $\alpha$ -level of .05 was used to determine significance.

## RESULTS

A total of 61 paired ambulatory and institutional reflective assignments were graded to determine student pharmacists' understanding of the pharmacists' role in the PPCP. Mean scores for the overall assignment and for each individual step of the PPCP are displayed in Table 1. The mean scores for ambulatory and institutional assignments were 5.1 and 4.0 out of 10 ( $p < .01$ ), respectively. No differences were found in mean scores based on ambulatory care site visited ( $p = .40$ ). When comparing student ability to correctly describe and align patient care activities associated with the individual steps of the PPCP in ambulatory and institutional pharmacies, students scored higher for Collect ( $p = .03$ ) and Implement ( $p < .01$ ) on the ambulatory assignment and higher for Assess ( $p < .01$ ) on the institutional assignment.

As shown in Table 2, students scored highest on the ambulatory assignment for describing patient care activities associated with the Implement step with 89% (54/61) of students successfully describing instances when ambulatory pharmacists implement patient care. The most commonly-reported ambulatory patient care activity for Implement was "counseling the patient." When evaluating the institutional assignment, students demonstrated the most competence in describing patient care activities associated with the Assess step with 93% (57/61) identifying instances when pharmacists assess and analyze patient information. The most commonly-cited institutional activities associated with the Assess step included "evaluating the medication order for appropriateness" and "pharmacists verifying orders." Describing instances of Follow-up were low in both the ambulatory and institutional assignments with only 23%

(14/61) and 10% (6/61) of students listing patient care activities associated with the Follow-up step for each assignment, respectively. In regard to the institutional assignment, 23% of students correctly listed patient care activities associated with the Implement step. Instead of listing PPCP implementation patient care activities in the institutional setting, students often incorrectly listed technical tasks such as “filling, compounding, labeling, and delivering medications” as implementation steps. When examining the percent of students who correctly aligned the patient care activities they described, students were able to align activities to the correct step of the PPCP with two exceptions. For both the ambulatory and institutional assignments, students had difficulty correctly aligning patient care activities to the Plan and Implement steps with only 61% and 50% of activities correctly aligned, respectively.

## DISCUSSION

This study highlights student learning outcomes of an early application of the PPCP in the experiential curriculum. Overall, student ability to describe patient care activities and align them to the appropriate core PPCP steps was only demonstrated with 51% accuracy in an ambulatory pharmacy and 40% accuracy in an institutional pharmacy. Students were more successful in describing and aligning the PPCP steps in an ambulatory pharmacy than in an institutional pharmacy. Student ability to describe and correctly align pharmacist patient care activities also varied for the individual steps of the PPCP. Students scored higher in describing and aligning patient care activities associated with Collect and Implement in an ambulatory pharmacy and achieved higher scores for Assess in an institutional pharmacy.

AACP is dedicated to developing strategies to accelerate the adoption of the PPCP in pharmacy curricula and has emphasized the value of integrating the PPCP in all areas of the curriculum including classroom learning, simulated patient care laboratories, experiential settings, and curricular assessment.<sup>3</sup> Our study provided an early opportunity for students to apply the PPCP in two practice settings focused on the medication distribution system. Early students were only able to describe patient care activities and align them to the core steps of the PPCP with approximately 45% accuracy. One possible explanation is the students' current level of training and lack of familiarity with the cognitive patient care processes required



in medication distribution. Student performance on this assignment serves as a baseline and supports continued practice opportunities to improve students' ability to recognize and align patient care activities to the PPCP. Being readily able to describe patient care activities that correspond to each step will provide a process framework preparing student pharmacists for full engagement in the PPCP at later points in the experiential curriculum.

The Collect and Implement steps may have been more often recognized in an ambulatory setting because pharmacists often complete these steps directly with patients while at the pharmacy. During prescription intake ambulatory pharmacists directly gather information from the patient whereas in inpatient settings pharmacists are usually collecting information about the patient from various sections of the medical record. Although students observed inpatient pharmacists gathering information from various areas of the medical chart during order verification, it may have been more difficult for early students to conceptualize this as a Collect step. Similarly, patient counseling was frequently listed for the Implement step and is a highly visible patient care service in an ambulatory pharmacy. While patient counseling certainly occurs in an inpatient setting, it would not have been observed directly by students participating in this experience occurring within an institutional pharmacy. Within the inpatient experience, students had the opportunity to observe pharmacists modifying orders but very few students described this as a patient care activity, once again possibly due to the difficulty of an early learner to be able to conceptualize this as an Implement step. When further considering reasons for the difference in student outcomes, taking a medication history and patient counseling are among the first skills students are taught and practice in the first semester in the PaCE course. This may make it easier for early pharmacy students to recognize and map the Collect and Implement steps.

When considering the stronger performance on the Assess step in the institutional setting, it is possible this cognitive process received greater or more consistent emphasis in the inpatient experience. While most pharmacy students have previously been inside ambulatory pharmacies prior to pharmacy school, a much smaller proportion of early pharmacy students have been inside institutional pharmacies. During the inpatient experience, prior to students sitting down with the pharmacists processing orders the

pharmacy resident provided some examples of what institutional pharmacists evaluate, analyze, and consider when verifying orders. Consistently stating the cognitive processes that occurred in this area of the pharmacy likely contributed to superior student performance on the Assess step on the institutional assignment. While these same cognitive processes occur in an ambulatory pharmacy, limited anecdotal student feedback raised concerns that ambulatory preceptors may have failed to consistently explain pharmacists' cognitive considerations when processing prescriptions. The differences observed in student performance on this item reinforces the need to ensure ambulatory preceptors cover this consistently in future years and not assume that student familiarity with ambulatory pharmacies translates into student understanding of the cognitive processes conducted by ambulatory pharmacists during prescription verification.

In both settings, students were least skilled in describing and aligning Follow-up or monitoring patient care activities. This step of the PPCP may occur less frequently or less visibly in the ambulatory pharmacy during the medication distribution process that was showcased as part of this guided experience. Patient Follow-up and monitoring are readily observable in the ambulatory pharmacy during medication therapy management and self-care consults, however, with student time for this experience limited to one hour, it is possible many students did not have an opportunity to observe Follow-up. In the institutional pharmacy students visited, pharmacy services are largely decentralized with Follow-up and monitoring being a primary responsibility of the pharmacists working on the floors. While pharmacists in central pharmacy also complete Follow-up activities when reviewing an order to change an existing drug, dose, or frequency, it is possible early students would not have recognized the monitoring aspect that is occurring as part of order review.

There were several limitations to this study. One limitation is that all students visited the ambulatory pharmacies mid-semester, followed by institutional pharmacy visits later in the semester. It is unknown whether the sequencing, additional in-semester coursework, or any prior work experience had any impact on the student performance and outcomes we observed. Additionally, the ratio of students to preceptors was two to one in the ambulatory pharmacies and four or five to one in the institutional

pharmacy. This also may have led to student performance difference on the two assignments. Another item that may have influenced student outcomes relates to the pharmacy resident and preceptor training for the experience which primarily focused on providing a consistent portrayal of facets of the medication distribution system and did not provide specific training on the PPCP. The following year, the facilitator guide and preceptor training were amended to include specific training on the PPCP and included instructions to consistently explain the pharmacists' cognitive processes and patient care activities that occur at various points in the medication distribution system.

To increase generalizability, this topic requires further implementation and study. Although it appears that student comprehension of the PPCP can be assessed in an early experiential activity, results we provided were from a single institution and a single cohort of students. In the future, it will be important to evaluate students' ability to apply the PPCP in a wider variety of introductory experiential settings. Finally, it would also be interesting to follow student learning outcomes as they progress through the experiential curricula.

## **CONCLUSION**

As institutions strive to adopt the PPCP in all areas of the curriculum, this application serves as an example of successful integration early in the introductory experiential curriculum. Our results challenge faculty to provide early opportunities for students to apply the PPCP in a variety of practice settings, including those focused on the medication distribution system.

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**Table 1. Comparison of IPPE Student Ambulatory and Institutional PPCP Assignment Scores (N=61)<sup>a</sup>**

Scores	Mean Ambulatory (SD)	Mean Institutional (SD)	<i>p</i> value
Total Score	5.1 (2.5)	4.0 (2.1)	<.01 <sup>b</sup>
Collect	1.0 (1.0)	0.7 (0.9)	.03 <sup>b</sup>
Assess	1.3 (0.9)	1.8 (0.6)	<.01 <sup>b</sup>
Plan	1.0 (0.9)	1.0 (0.8)	.76
Implement	1.4 (0.7)	0.3 (0.7)	<.01 <sup>b</sup>
Follow-up	0.4 (0.8)	0.2 (0.6)	.07

<sup>a</sup>Total score out of 10 points; Other steps out of 2 points

<sup>b</sup>*p*<.05 is considered significant

**Table 2. IPPE Student Ability to Describe Patient Care Activities and Align to PPCP Steps on Ambulatory and Institutional Assignments (N=61)**

PPCP Step	Ambulatory		Institutional	
	Described n (%)	Aligned <sup>a</sup> n (%)	Described n (%)	Aligned <sup>a</sup> n (%)
Collect	33 (54)	30 (91)	26 (43)	18 (69)
Assess	42 (69)	34 (81)	57 (93)	51 (90)
Plan	36 (59)	22 (61)	40 (66)	20 (50)
Implement	54 (89)	33 (61)	14 (23)	7 (50)
Follow-up	14 (23)	13 (93)	6 (10)	6 (100)

Abbreviation: PPCP=Pharmacist Patient Care Process

<sup>a</sup>Percent calculated for only those students who accurately described the PPCP step