COMMENTARY

Ten Tips for Successful Navigation of Promotion and Tenure

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The purpose of this paper is to summarize ten key tips or recommendations for successful navigation of the promotion and tenure process. The ten key tips to successful promotion and tenure are: (1) Know institutional expectations, (2) Develop action plan at least 2-3 years in advance, (3) Identify YOUR balance of teaching, scholarship, service, (4) Synergize activities and develop a niche, (5) Prioritize time to activities of high-impact to P&T, (6) Track achievements in format expected for P&T application, (7) Seek out faculty development on P&T, (8) Meet with mentor(s) regularly to review progress, (9) Have a well-written personal statement, and (10) Have final dossier reviewed by colleagues. Faculty members are more likely to be successful through timely and appropriate planning, balancing and synergizing activities, tracking activities and achievements, developing a well-written personal statement, and requesting help from experienced colleagues.

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INTRODUCTION

Promotion, tenure or both is a common expectation for full-time faculty at academic institutions, including colleges and schools of pharmacy. Both promotion and tenure (P&T) applications require faculty to prepare a detailed dossier describing their professional and academic accomplishments over a defined period. This dossier undergoes review by internal committees and often reviewers external to the institution to determine merit. Faculty may also apply for P&T simultaneously if their institution permits. A key difference between P&T tracks is that the tenure-track system in colloquial terms is an “up or out” system. In other words, tenure-track faculty members are required to apply for tenure within a pre-specified timeline and failure to achieve tenure typically results in termination of appointment. Promotion on the other hand is not typically contractually obligated, although most administrators expect their faculty to apply for promotion. As such, expectations of faculty applying for tenure vary from those applying for promotion. This difference in expectations for tenure-track and non-tenure-track faculty with respect to contractual obligations is reflected in expectations for scholarship and clinical practice (for clinical faculty). For example, in one survey, tenure-track, compared to non-tenure-track faculty, were expected to produce more grants per year (0.85 vs 0.12, p < .05) and more peer-reviewed publications per year (1.7 vs 0.85, p < .05). This additional expectation of scholarship was offset by a decreased percentage of effort towards clinical practice (22% vs 40%, p < .05) but service requirements were similar.1 It is therefore important for faculty to understand these differences and expectations at their institutions, particularly at the point of committing to a tenure- or non-tenure-track appointment. Ultimately, the process of applying for either promotion or tenure has significant overlap and similarities. The purpose of this commentary is to summarize ten key tips or recommendations for successful navigation of the P&T process based on a presentation of this topic at the AACP Annual Meeting Pharmacy Education 2020. It is important to note that there was no intent to rank the ten tips by any order of importance or chronology, but rather to simply delineate key tips.

Tip One: Understand P&T Criteria and Expectations at Your Institution

Expectations for P&T can vary from one institution to the next. As such, it is imperative for all faculty to familiarize themselves with their institution-specific P&T criteria. In a survey of 225 pharmacy faculty and administrators, only 66% agreed that their institution provided clear and objective criteria for tenure.2 The other one-third either disagreed or were unsure, indicating that lack of understanding of P&T criteria is common. Interestingly, there were differences in

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the perceived level of understanding between respondents from private and public institutions. For example, the recognition of the importance of scholarship was common to respondents from private and public institutions, but there was a greater recognition of the importance of service and teaching by respondents from private institutions. In another survey of 197 pharmacy faculty, scholarship was perceived to be the most important criteria for P&T. Of 29 criteria in their survey, 5 out of the top 6 ranked by importance pertained to scholarship, including peer-reviewed publications, funding, invited presentations of research, and other scholarly writing such as book chapters. Of note, this survey population was comprised of 57% tenure-track and only 37% pharmacy practice faculty, which likely contributed to a higher emphasis on scholarship.

**Tip Two: Develop an Action Plan At Least Two to Three Years Prior to P&T Application**

Ideally, discussions about P&T with the department head (or other immediate supervisor) should occur prior to hire, since these discussions will serve as a basis for your action plan. If these discussions did not take place during the hiring phase, they should be done as soon as possible after starting your position so you have an action plan that you can implement at least 2-3 years prior to going up for P&T. The first step in creating an action plan is to have a clear understanding of the expectations for your position and for a successful P&T review. You need this information in order to complete the second step of your action plan, which is a listing of the undertakings needed to achieve a successful P&T review. In addition to your head, talk to senior faculty about their views concerning successful P&T. In your discussions about P&T, the responses to several questions are likely to affect your action plan. What is the process for P&T and expectations for a successful P&T review? Process issues relate to the promotion clock and schedule, promotion policies and criteria, formatting of dossier, administrator and committee reviews, and, if applicable, promotion delay requests or appeals. Questions related to expectations for a successful review include common problems with P&T dossiers, how summative (eg, yearly) evaluations mesh with expectations for P&T, and what criteria (eg, publications in high impact journals, abstracted presentations at national meetings, research funding, teaching or service awards) seem to be of particular high value in the decision-making process. The initial breakdown of your effort for teaching, scholarship, and service, and possible changes in your percent effort over time, are issues of overarching and vital importance to the discussion of P&T. All of the information garnered from these discussions will allow you to translate the P&T criteria into tasks (step 2) and timelines for completion (step 3). Step 4 is assessing any resources you need to complete your plan. For example, you may need funding to present the results of your research at professional meetings, which may require discussions with your head or supervisor if you did not receive some form of start-up funding. Step 5 of the process is having periodic assessments of your progress towards dossier submission.

**Tip Three: Balance Teaching, Scholarship, and Service Relative to P&T Expectations**

Presuming the breakdown of your percent effort for teaching, scholarship, and service were discussed before or soon after hire, you will want to discuss with your head the evaluation process for each of these areas on a yearly basis, and for P&T. Didactic teaching efforts may be assessed by a variety of methods including student evaluations, peer evaluations, or evaluations by instructional design specialists. Didactic core teaching responsibilities are virtually always evaluated, but what about teaching in laboratory or discussion sessions, elective coursework, student assessment activities such as patient simulations or objective structured clinical examinations, interprofessional teaching, or teaching outside of your college or school such as experiential teaching for clinical faculty? Additionally, are activities such as serving as an advisor for a student organization or overseeing students in community service activities forms of teaching or service? Similarly, what is the definition and categories of research or scholarship for annual evaluations and P&T? Does your department, college, and university have a broader and more inclusive view of scholarship that includes activities such as educational research, or a more restrictive view of research (experiments in a laboratory)? For the last category of service, how is service, including clinical service, taken into account for ongoing evaluations and P&T? For example, are all forms of departmental, college, and university service taken into account such as administrative responsibilities, committee or task force efforts, mentoring and advising students, serving as a faculty liaison for student-related activities, or various forms of external service such as involvement in professional organizations or associations?

**Tip Four: Synergize Teaching, Scholarship, and Service and Develop a Niche/Focus in Each**

While some colleges or schools may not require a niche/focus to go from assistant to associate, virtually all faculty eventually focus to some extent their teaching, scholarship, and external service activities, so it is never too early to start synergizing your activities in these areas. When you consider synergizing your activities, you need to think a priori about how you can integrate teaching, scholarship, and service, including clinical service if applicable. Additionally, you should consider volunteering for efforts that will help develop your integration and scholarship skills.
such as serving as a reviewer for journals, serving on grant review committees, serving on editorial boards, and working on projects with more established researchers. It is common for newer faculty to think about scholarship after teaching or service activities have taken place, but ideally, you should be thinking about potential scholarship opportunities whenever you are assigned or considering new teaching or service responsibilities. Assuming your institution does have a more inclusive view of scholarship, you can start by learning more about methodologies for educational research that are more likely to lead to dissemination through activities such as formal presentations and peer-reviewed publications. Faculty colleagues who agree to serve as peer reviewers of your teaching may have suggestions for converting your didactic teaching efforts into a form of scholarship. Clinical faculty should bring their wealth of information about clinical practice into the classroom setting. Students are much more likely to pay attention to the information being taught when they can see the direct relevance of the information to patient care. Similarly, the practice setting is fertile ground for various forms of clinical scholarship.

**Tip Five: Prioritize and Balance Your Time Towards Actions Most Influential to P&T**

To balance your time effectively, it is worth emphasizing that the importance of identifying expectations of your institution for P&T, since expectations may differ depending on track and disciplinary focus. In addition, faculty at new colleges or schools of pharmacy may face some unique challenges associated with managing teaching, research and scholarship while also developing new curriculum. In most public institutions, research and scholarship is likely to have at least a moderate influence on successful P&T, while service may be undervalued. This emphasizes the importance of prioritizing time for research even with obligations that draw your attention to other tasks. Lack of confidence in research and scholarship skills is commonplace in academic pharmacy, due to limited training in this area. This can tempt faculty to procrastinate research and scholarship projects in favor of focusing on more familiar activities. Methods to increase confidence include asking experienced colleagues for guidance, working with colleagues and starting with smaller projects. It can be challenging to find enough time for research when so many other activities demand your attention. External and internal pressure may encourage you to focus on shorter term projects that yield faster results. You may just be overwhelmed with too many responsibilities. Consider strategies to ensure sufficient attention is given to research and scholarship including requesting protected time to dedicate towards research. Correspondence can absorb a significant amount of time, so it may be helpful to set aside time for emails each day and disconnect outside of these times. Avoid excessive committee work, if possible. The average is one college committee and one university committee.

**Tip Six: Track Achievements in Detail, in Format Required for P&T Application**

This can be one of the easiest parts of the P&T process or one of the most tedious, depending on how you organize your supporting evidence. The first step is to determine if your institution uses an electronic platform to help you manage your P&T application. If this is the case, that platform can serve as a repository of information and will help you to organize your documents. If not, a simple file structure containing folders for each section of your document will help. It is advisable to use a cloud-based platform if possible, as this will ensure your files are secure and safe from accidental deletion. Cloud-based platforms also maintain document history, so you can go back to previous versions if the need arises. If a cloud-based platform is not an option, consider frequent back-ups on multiple devices. Regardless of the system you use, the best way to track achievements in detail is to set up a file system early and update it often.

**Tip Seven: Seek Out Faculty Development on P&T and Look at Examples of Dossiers**

Promotion and tenure is a challenging process, but there are opportunities to seek help throughout the process such as asking more senior faculty to share their dossiers (see Tip Ten). Workshops are another excellent source of information that can boost confidence and provide numerous tips and tricks. Internal workshops, whether hosted by your institution, college or university, can be an excellent source of information on institution specific requirements. This is particularly true when the host of the workshop is someone who has successfully made it through the process at your institution. Seek external workshops offered by organizations, at annual meetings and even at other institutions. Take advantage of these opportunities when you can. External workshops may provide you with an excellent opportunity to meet potential dossier reviewers or mentors that can provide support. Evidence has shown that faculty development increases faculty engagement and productivity, which is beneficial regardless of whether it enhances success in P&T.

**Tip Eight: Identify One or More Mentors and Meet with Them Regularly**

Effective mentorship is a vital component for achieving P&T and identifying mentor(s) early in the process is important as you develop and implement your action plan. Experienced mentors who have successfully navigated the P&T process can guide you by discussing their failures as well as successes. Mentors can not only be a role model and
give advice on the steps of your action plan, but also serve as sources of encouragement, motivation, and support. Finding the right mentor is important, since the nature of the relationship must be one of mutual respect and must be the right fit for both mentee and mentor. Work with your department chair or other supervisor to identify at least one mentor who is able to meet with you on a regular basis with time for discussion. Mentors can help you identify gaps in your portfolio and suggest strategies on how to address them. Also, try to meet with a member of your department or college P&T committee, since they are likely to have insight and suggestions with respect to the dossier and P&T process. In some cases, you may need to seek mentoring outside your own institution. In one survey involving 225 pharmacy faculty and administrators, only 38% of faculty but 65% of administrators felt their institution provides sufficient mentoring for P&T. However, 63% of all respondents agreed that there was a need for tenure reform.

Tip Nine: Ensure Personal Statement Emphasizes Achievements and Explain Gaps

The importance of the personal statement associated with most P&T dossiers is often under-appreciated by less experienced faculty who are more familiar with quantifying information on their curricula vitae. The personal statement is much more of a qualitative expression of the significance (ie, how you have made a difference) and impact of your achievements. Your statement will have quantitative aspects, but it should not just be a repetition of information contained in your curriculum vitae. For example, you should include information that serves to benchmark your achievements relative to internal and external peers based on your breakdown of effort with respect to teaching, scholarship, and service. You will want to draw on evidence to support your statements such as student and peer evaluations for teaching, journal impact factors or author-level metrics (eg, H-index) for scholarship, and evaluations or other material (eg, for all faculty, evidence of successful working relationships, committee work, awards or recognitions and for clinical faculty, metrics related to patient care activities, development of protocols or guidelines, development of practice agreements, preceptorship, program development, practice site educational activities) supportive of the impact of your service efforts. There needs to be a balance struck between being too modest and overstating your accomplishments. Recognize that with the exception of external reviewers, others involved in the review process are not likely to understand jargon specific to your field, so write the personal statement in a manner appropriate for a non-specialist audience.

Tip Ten: Seek Feedback and Have Your Dossier Reviewed by Senior Colleagues

You want to get as much feedback as possible from a variety of sources, including senior colleagues outside of your own institution. Since it is common for junior faculty members to have a single mentor, it is important to seek additional constructive criticism throughout the process from senior colleagues who are well versed in the P&T process and can help to make sure your dossier comports to all of the formatting requirements of your institution. Seek feedback from a range of faculty both familiar and unfamiliar with your areas of teaching, scholarship, and service in order to get a variety of perspectives. Ask colleagues who have successfully navigated the P&T process to share their dossiers with you. Ideally, these dossiers would be from someone in your own department who has a similar breakdown of effort and expectations to yours. However, examples of dossiers of other faculty will give you additional perspectives on expectations. If your institution requires external reviewers as part of the evaluation process, you should discuss with your chair about how reviewers are selected to make sure they are as close to your field and breakdown of effort as possible. Finally, if there is no mandated deadline for promotion, as is common for non-tenure-track faculty, it is better to delay your application rather than trying to force it though the process if your mentors and senior colleagues are telling you that your dossier needs more work.

SUMMARY

Despite its ubiquitous nature in academia, there are limited publications providing guidance for pharmacy faculty regarding the P&T process. In addition, expectations for P&T may vary across institutions. Faculty members are more likely to be successful by having a clear understanding of P&T criteria and expectations for successful review in conjunction with timely and appropriate action planning, balancing responsibilities, synergizing activities, prioritizing and balancing time, tracking activities and achievements, seeking development activities, identifying mentors, developing a well-written personal statement, and requesting help from experienced colleagues.
REFERENCES